



# Learn how to manage your health online

We're running free support sessions as part of the Your Health in Your Hands program to help you learn how to use convenient, secure online health tools.

**Our next support session is at:**

**For more information, contact:**

Your Health in Your Hands is supported by:



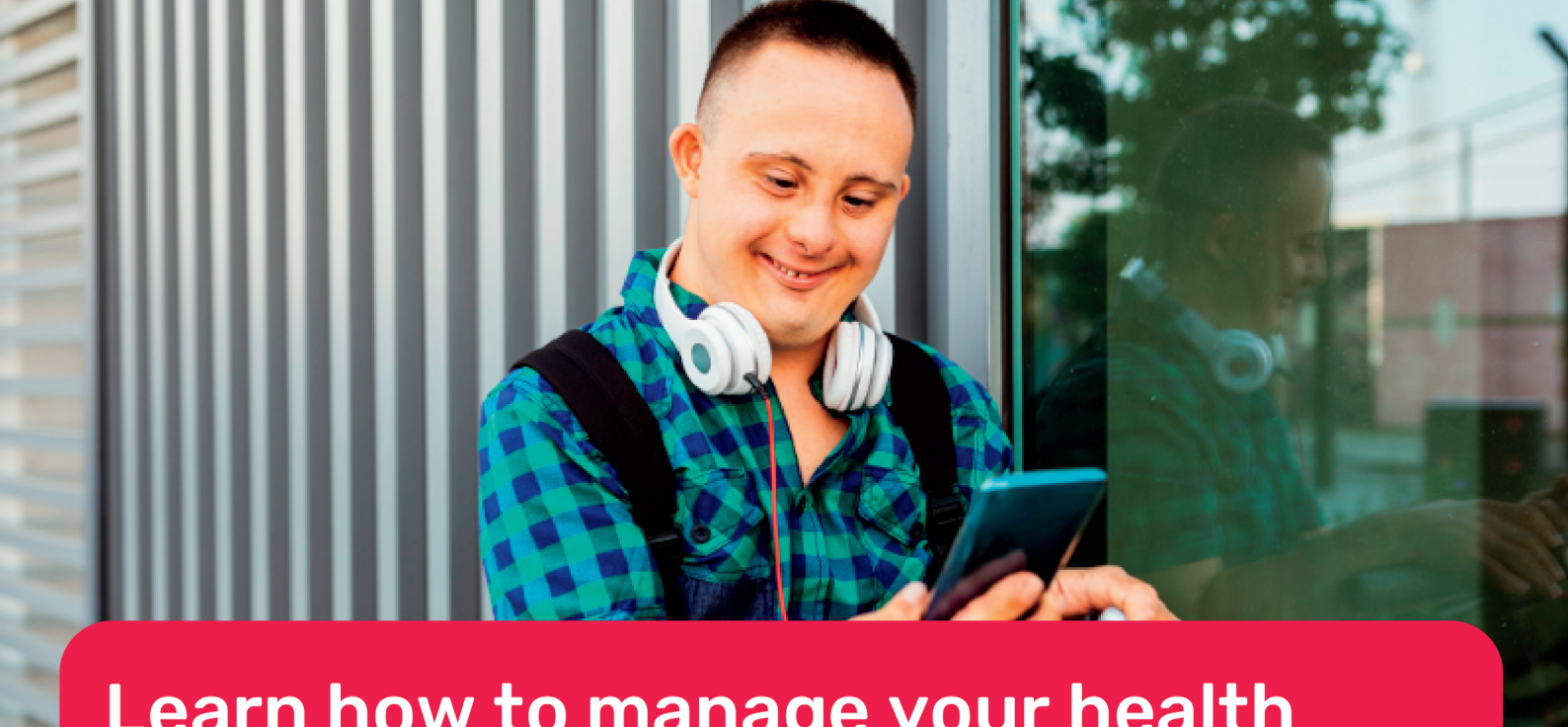
Australian Government  
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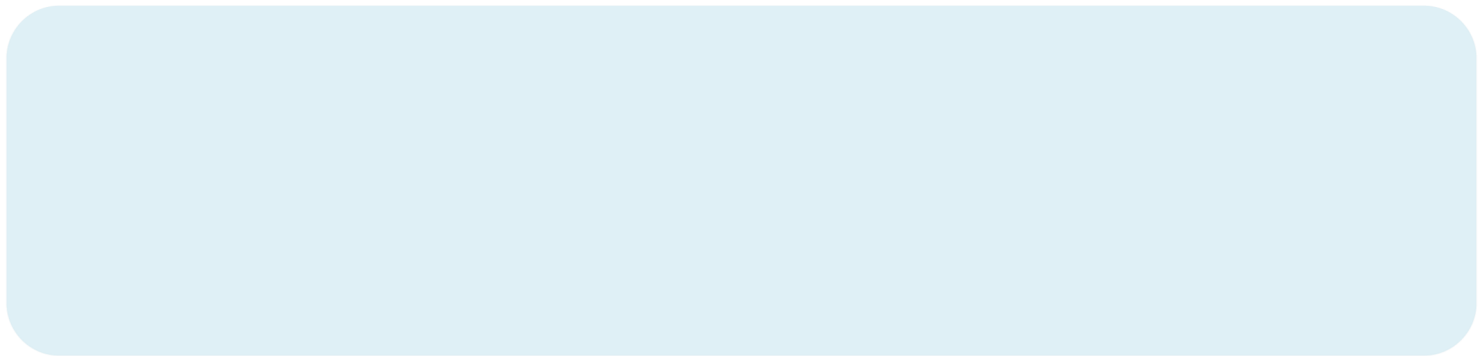




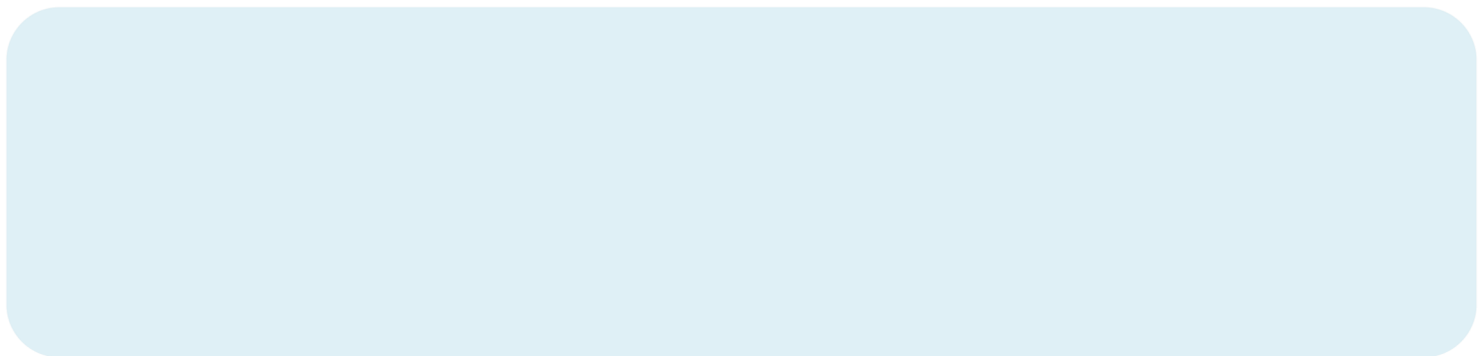
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