Passwords activity

Sometimes it's hard to make a **strong** and **memorable** password.

Using our top tips and the example method below, try and come up with your own way of remembering strong passwords.

Top tips for a strong password

- It shouldn't contain any personal details that someone could guess.
- Make sure you have different passwords for different services.
- Try and combine letters, numbers and if possible, symbols.
- Don't write it down - if you need to remember it, write down a clue which will only make sense to you.

Example method

Song Lyrics

Think of a song you like. e.g. "I want you back" by Jackson 5.

Take a line from the song. e.g. *"Oh baby give me one more chance to show you that I love you."*

Use the first letter from each word. e.g. *obgmomctsytily*

Again, writing down the song name wouldn't mean anything to anyone else.

Notes:

_____

_____

_____

_____

_____

_____

_____

Passwords activity

Ideas for making strong, memorable passwords

Meaningful word + year

This can be any words and years that you'll remember but have no other obvious connection. This makes them simple for you to remember but difficult for someone to guess.

Eg. Name of pet + wedding anniversary = Maxie1983

You could even put the word in the middle of the year to make it stronger. eg. 19Maxie83

Although it's not recommended to write down passwords, writing 'name of pet' and 'wedding anniversary' is unlikely to mean anything to many other people.

Three little words

Simply take any three words that mean something to you and put them together.

Eg. Swans + Diane + Bali = SwansDianeBali

You could write down the meaning of these words as a reminder but without the answers they wouldn't help someone guess your password.

Eg. Football team, daughter, holiday

First two words

Make a password from the first two words of your family or friend's names.

Eg Bart, Lisa, Maggie, Marge and Homer = BaLiMaMaHo

You could write down a clue, like the surnames of the people it relates to, to remember the order, or if it's your family with the same name, create the password in age order.