

Session Plan: Introduction to My Health Record

Delivery mode:

Face to face or virtual delivery

Session overview:

My Health Record is an online platform empowering the consumer with the ability to securely share their medical information with their healthcare team in order to receive timely treatment. Learners will gain an overview of the platform and the opportunity to access and use a My Health Record.

Learning objectives:

To increase learners' knowledge and confidence in using My Health Record and to make an informed decision about whether it's something they would like to access themselves.

Suggested session length:

This session should run for approximately 120 minutes. The facilitator to schedule breaks as required.

Prior knowledge:

Discuss with the learners prior to them attending to make sure they are familiar with the following:

- Email - session plan available here: <http://bit.ly/emailsessionplan>
- MyGov - session plan available here: <http://bit.ly/mygovsessionplan>
- Filling in online forms - session plan available here: <http://bit.ly/formsessionplan>

Tips:

1. The My Health Record online learning modules can all be accessed via:
<https://learning.goodthingsfoundation.org.au/subjects/digital-health>
2. Use the following information to log into the My Health Record training platform
<https://onlinetraining.digitalhealth.gov.au/portal/webclient/#/home>
 - Username: OnDemandTrainingUser
 - Password: TrainMe
 - Click on Consumer Portal ODT
 - Double click on the Google Chrome Consumer Portal

Session Plan:

Topic	Timing	Activity	Assessment	Resources
Introduction & welcome	10 mins	Facilitator to: <ul style="list-style-type: none"> introduce themselves learners to introduce themselves / or facilitator can run an icebreaker activity. confirm all learners are set up online discuss how the session will run 	All learners engage	Refreshments Laptop / PC Notepad / Pens Whiteboard / marker pens Link to Topic 1: Introduction to My Health Record: https://training.digitalhealth.gov.au/course/view.php?id=51
Learning Objectives	10 mins	Discuss learning objectives and start a discussion using the following questions. <ul style="list-style-type: none"> How much do you know about My Health Record? Did you know you can ask your doctor to upload information to a My Health Record? Can you add your own information to a My Health Record? Important note to share:	Listen to the responses, summarising on a whiteboard or in a chat box. This will help to make sure you're aiming your session at the right level. NB: Explain to the group that there is no legal obligation for healthcare providers to	Laptop / PC / Notepad / Pens Whiteboard / marker pens Video on creating a MyGov account bit.ly/myGovCreateAccount Distribute the "All about myGov" tip sheet from the Be Connected Learning Portal (https://beconnected.esafety.gov.au/pluginfile.php/51687/mod_resource/content/1/t24%20c)

Topic	Timing	Activity	Assessment	Resources
		<p>My Health Record is about YOU receiving the RIGHT care at the RIGHT time because healthcare providers can access the RIGHT information.</p> <p>The information in your own My Health Record assists health care providers during an emergency.</p>	<p>use My Health Record and it is up to them how and when they choose to use it.</p>	<p>1%20MyGov%20all%20about%20%20BeConnected.pdf).</p> <p>Learners can refer back to the tip sheet when needed.</p>
Healthcare Journey- Case Study 3	10 mins	<p>Click on the link for Healthcare journeys with My Health Record and show Case study 3 - Caleb Derrington, 88yrs.</p> <p>Click through the slides and discuss with the group.</p>	<p>Reinforces discussions above and highlights how the healthcare team interacts with each other to provide care to the consumer.</p>	<p>Link for Healthcare Journeys https://training.digitalhealth.gov.au/course/view.php?id=57</p>

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<p>Online module: Introduction to My Health Record</p>	<p>30 mins</p>	<p>Confirm learners can access, Topic 1: Introduction to My Health Record.</p> <p>Activity - Online Module</p> <p>Encourage learners to begin the module working their way through the material at their own pace.</p> <p>Ask the learners to make notes of key points for discussion.</p> <p>Remind learners they can talk to you if they have any questions about the material.</p> <p>Consider walking round the room asking learners how they are getting on as they may need reassurance or want to ask questions.</p>	<p>Learners engage at their own pace.</p> <p>Watching videos Online quiz questions Taking notes</p>	<p>Topic 1: Introduction to My Health Record: https://training.digitalhealth.gov.au/course/view.php?id=51</p> <p>Laptop / PC Notepad / pen</p>

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Break	10 mins	Encourage learners to have a break, stretch their legs and have a drink if needed.		
Accessing My Health Record Recap	10 mins	<p>Activity - Shared learning & recap</p> <p>Discuss with learners the way to access a My Health Record and how to link this to your MyGov account.</p> <p>Recap where the information contained in a My Health Record comes from.</p> <p>Ask the following questions:</p> <ul style="list-style-type: none"> • What information will MyGov ask you when you try to link your My Health Record? 	<p>All learners participate</p> <p>Asking questions will demonstrate understanding of the material.</p>	<p>My Health Record Helpline number 1800 723 471</p>

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		<ul style="list-style-type: none"> How would you access your My Health Record if you could not answer the security questions? 		
My Health Record Demonstration	20 mins	<p>Log onto the My Health Record training platform and ask the learners to do the same. Choose a record. Ask the group to select the same record.</p> <p>Take learners on a tour of the platform, including</p> <ul style="list-style-type: none"> Health snapshot and personal information Documents tab Medications Advance Care Planning Key Information I've Added 	During the tour, ask questions about the tabs you are showing to check the group's understanding.	<p>Training platform https://onlinetraining.digitalhealth.gov.au/portal/webclient/#/home</p> <p>Username: OnDemandTrainingUser Password: TrainMe</p>

Topic	Timing	Activity	Assessment	Resources
Evaluation & close	10 mins	<p>Group discussion.</p> <p>Ask open ended questions about the My Health Record about how it works, the different sections and what information it may contain.</p> <p>Recap learning objectives, check they have been met.</p> <p>Confirm with learners they understand and feel more confident in using a My Health Record.</p>	Learners are able to answer the questions and feel more confident in using a My Health Record.	

Other courses to help you keep learning about how to use My Health Record

- Topic 2 – Privacy, Security and Access
- Topic 3 – Immunisation and COVID-19 related health information
- Topic 4 – Accessing clinical documents
- Topic 5 – Adding personal information
- Topic 6 – Viewing medicines information