



Getting online safely for parents & families

Knowing how to get online safely is important for all families in Australia. Read our tips to help you get started.

What is downloading?

One of the most useful things you can do on the internet is to get electronic copies of documents and images. This is called **downloading**.

Before you download and save documents and images, it is important to take some simple safety precautions.

Downloading from trusted sources

You should only download from reliable websites. Major organisations, such as the Australian government, can generally be trusted so anything you download from them should be safe. But what about other websites?

There are some clues that a site is reliable:

- **https** in the web address - the site uses encrypted communications.
- **Contacts** page - the site owners are not/ hiding who they are.

If you have any doubts about whether the site is safe, it's best not to trust the info on it or download anything from it.

Keep learning

Check out our website learning.goodthingsfoundation.org.au to learn more about what you can do online.

Parents can also contact The Smith Family for support to get online.

This article was written by Good Things Foundation Australia in partnership with The Smith Family. December 2022.